

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: ZS

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Scheveneels Judith HEADCOACH

Coaches: Van Laere Megan

Coaches: Meyers Sepp

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:2, starttime: 09:01		
Heat: 2/8 Lane : 3 Athlete: VASQUEZ ANNA			Q-time: 00:43:22		
PB (50m pool): 00:43.22 Antwerpen 15/03/2026			PB (25m pool): no time SB: 00:43.22 Antwerpen 15/03/2026		
PB	5 0 M				
	00:43.22				
	00:43.22				
					

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:3, starttime: 09:03		
Heat: 3/8 Lane : 7 Athlete: THEUNISSEN JOLIEN			Q-time: 00:40:93		
PB (50m pool): 00:40.93 Wezenberg 01/02/2026			PB (25m pool): 00:41.38 SB: 00:40.93 Wezenberg 01/02/2026		
PB	5 0 M				
	00:40.93				
	00:40.93				
					

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 09:07		
Heat: 6/8 Lane : 4 Athlete: VERRET JULIE			Q-time: 00:30:44		
PB (50m pool): 00:30.44 Antwerpen 08/03/2026			PB (25m pool): 00:31.67 SB: 00:30.44 Antwerpen 08/03/2026		
PB	5 0 M				
	00:30.44				
	00:30.44				
					

Coach feedback:

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Event number: 1: 50M BUTTERFLY WOMEN 11+						Heat:7, starttime: 09:08	
Heat: 7/8 Lane : 5 Athlete: VAN OSTA NOMI						Q-time: 00:31:17	
PB (50m pool): 00:31.17 Antwerpen 27/07/2025						PB (25m pool): 00:29.54 SB: 00:31.43 Wezenberg 03/01/2026	
	5 0 M						
PB	00:31.17						
	00:31.17						
							

Coach feedback:

Event number: 1: 50M BUTTERFLY WOMEN 11+						Heat:8, starttime: 09:09	
Heat: 8/8 Lane : 8 Athlete: DE VOCHT ANNE-JULIE						Q-time: 00:33:72	
PB (50m pool): 00:33.72 Wezenberg 03/01/2026						PB (25m pool): 00:33.11 SB: 00:33.72 Wezenberg 03/01/2026	
	5 0 M						
PB	00:33.72						
	00:33.72						
							

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+							Heat:2, starttime: 09:13		
Heat: 2/8 Lane : 4 Athlete: VLEEMING BIAGIO							Q-time: 00:40:14		
PB (50m pool): 00:40.14 Wezenberg 01/02/2026							PB (25m pool): 00:47.65 SB: 00:40.14 Wezenberg 01/02/2026		
	5 0 M								
PB	00:40.14								
	00:40.14								
									

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+										Heat:3, starttime: 09:14																				
Heat: 3/8 Lane : 6 Athlete: PEETERS SAMUEL																				Q-time: 00:36:27										
PB (50m pool): 00:36.27 Antwerpen 15/03/2026										PB (25m pool): no time SB: 00:36.27 Antwerpen 15/03/2026																				
	5 0 M																													
PB	00:36.27																													
	00:36.27																													
																														

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: ZS

Event number: 2: 50M BUTTERFLY MEN 11+						Heat:3, starttime: 09:14	
Heat: 3/8 Lane : 7 Athlete: VAN OOSTERWYCK ALEXANDER					Q-time: 00:36:39		
PB (50m pool): 00:36.39 Antwerpen 08/03/2026			PB (25m pool): 00:38.96 SB: 00:36.39 Antwerpen 08/03/2026				
	5 0 M						
PB	00:36.39						
	00:36.39						
							

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+						Heat:7, starttime: 09:19	
Heat: 7/8 Lane : 4 Athlete: LAUREYSSSENS LUKAS						Q-time: 00:26:38	
PB (50m pool): 00:26.38 Antwerpen 27/07/2025				PB (25m pool): 00:26.32 SB: 00:26.52		Olympic Pool Wezenberg, Antwer 29	
	5 0 M						
PB	00:26.38						
	00:26.38						
							

Coach feedback:

Event number: 2: 50M BUTTERFLY MEN 11+						Heat:8, starttime: 09:20	
Heat: 8/8 Lane : 6 Athlete: MATHIEU JACK						Q-time: 00:28:62	
PB (50m pool): 00:28.62 Wezenberg 03/01/2026				PB (25m pool): 00:28.00SB: 00:28.62 Wezenberg 03/01/2026			
	5 0 M						
PB	00:28.62						
	00:28.62						
							

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+						Heat:3, starttime: 09:26	
Heat: 3/8 Lane : 2 Athlete: FLEERACKERS LAURA						Q-time: 00:43:32	
PB (50m pool): 00:43.32 Wezenberg 04/01/2026				PB (25m pool): 00:42.47 SB: 00:43.32 Wezenberg 04/01/2026			
	5 0 M						
PB	00:43.32						
	00:43.32						
							

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: ZS

Event number: 3: 50M BACKSTROKE WOMEN 11+		Heat:3, starttime: 09:26
Heat: 3/8 Lane : 3 Athlete: LYTVYNIUK-HUL SOFIA		Q-time: 00:41:94
PB (50m pool): 00:41.94 Antwerpen 13/07/2025		PB (25m pool): 00:39.70 SB: no time
	5 0 M	
PB	00:41.94	
	00:41.94	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+		Heat:4, starttime: 09:27
Heat: 4/8 Lane : 2 Athlete: LESSELIERS EMILY		Q-time: 00:40:52
PB (50m pool): 00:40.52 Wezenberg 04/01/2026		PB (25m pool): 00:38.57 SB: 00:40.52 Wezenberg 04/01/2026
	5 0 M	
PB	00:40.52	
	00:40.52	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+		Heat:5, starttime: 09:29
Heat: 5/8 Lane : 8 Athlete: DE RIDDER STERRE		Q-time: 00:39:19
PB (50m pool): 00:37.18 Antwerpen 14/07/2024		PB (25m pool): 00:36.03 SB: no time
	5 0 M	
PB	00:37.18	
	00:37.18	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+		Heat:6, starttime: 09:31
Heat: 6/8 Lane : 1 Athlete: VAN HOOFF SARA		Q-time: 00:36:32
PB (50m pool): 00:36.32 Antwerpen 15/03/2026		PB (25m pool): 00:35.26 SB: 00:36.32 Antwerpen 15/03/2026
	5 0 M	
PB	00:36.32	
	00:36.32	
		

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: ZS

Event number: 3: 50M BACKSTROKE WOMEN 11+						Heat:6, starttime: 09:31	
Heat: 6/8 Lane : 8 Athlete: VAN DEN BERGH ANNA					Q-time: 00:36:81		
PB (50m pool): 00:36.81 Wezenberg 03/01/2026						PB (25m pool): 00:35.87 SB: 00:36.81 Wezenberg 03/01/2026	
	5 0 M						
PB	00:36.81						
	00:36.81						
							

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 11+							Heat:8, starttime: 09:34		
Heat: 8/8 Lane : 8 Athlete: VERNIERS NIME							Q-time: 00:36:49		
PB (50m pool): 00:36.49 Antwerpen 15/03/2026							PB (25m pool): 00:35.55 SB: 00:36.49 Antwerpen 15/03/2026		
	5 0 M								
PB	00:36.49								
	00:36.49								
									

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 11+						Heat:3, starttime: 09:39	
Heat: 3/5 Lane : 4 Athlete: DE RIDDER ARNE						Q-time: 00:29:83	
PB (50m pool): 00:29.83 Antwerpen 08/03/2026						PB (25m pool): 00:30.11 SB: 00:29.83 Antwerpen 08/03/2026	
	5 0 M						
PB	00:29.83						
	00:29.83						
							

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 11+				Heat:2, starttime: 09:49	
Heat: 2/2 Lane : 4 Athlete: VAN OSTA NOMI				Q-time: 02:45:68	
PB (50m pool): 02:45.68 Antwerpen 27/07/2025				PB (25m pool): 02:44.25 SB: 02:51.12 Wezenberg 01/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.87	01:18.29	02:01.70	02:45.68	
	00:36.87	00:41.42	00:43.41	00:43.98	
					

Coach feedback:

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Event number: 7: 200M FREESTYLE WOMEN 11+					Heat:3, starttime: 10:15
Heat: 3/4 Lane : 8 Athlete: FLEERACKERS LAURA					Q-time: 02:53:09
PB (50m pool): 02:53.09 Olympic Pool Wezenberg, Antwer 29/03/2025					SB: 02:53.09 Olympic Pool Wezenberg, Antwer 29/03/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.78	01:24.09	02:10.14	02:53.09	
	00:39.78	00:44.31	00:46.05	00:42.95	
					

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+					Heat:4, starttime: 10:18
Heat: 4/4 Lane : 5 Athlete: DE RIDDER STERRE					Q-time: 02:17:23
PB (50m pool): 02:17.23 Antwerp 09/02/2025					PB (25m pool): 02:16.56 SB: 02:18.34 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.70	01:07.17	01:42.29	02:17.23	
	00:32.70	00:34.47	00:35.12	00:34.94	
					

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+					Heat:4, starttime: 10:18
Heat: 4/4 Lane : 7 Athlete: DE VOCHT ANNE-JULIE					Q-time: 02:29:06
PB (50m pool): 02:29.06 Antwerpen 20/04/2025					PB (25m pool): 02:30.71 SB: 02:31.76 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.16	01:11.87	01:52.29	02:29.06	
	00:34.16	00:37.71	00:40.42	00:36.77	
					

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+					Heat:2, starttime: 10:26
Heat: 2/4 Lane : 8 Athlete: PEETERS SAMUEL					Q-time: 02:38:52
PB (50m pool): 02:38.52 Wezenberg 01/02/2026					PB (25m pool): 02:42.26 SB: 02:38.52 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.01	01:17.30	01:59.01	02:38.52	
	00:37.01	00:40.29	00:41.71	00:39.51	
					

Coach feedback:

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Event number: 8: 200M FREESTYLE MEN 11+					Heat:4, starttime: 10:32
Heat: 4/4 Lane : 4 Athlete: LAUREYSSSENS LUKAS					Q-time: 01:54:79
PB (50m pool): 01:54.79 Antwerpen 27/07/2025					PB (25m pool): 01:53.21 SB: 01:55.85 Wezenberg 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:26.34	00:55.46	01:25.52	01:54.79	
	00:26.34	00:29.12	00:30.06	00:29.27	
					

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+					Heat:2, starttime: 10:40
Heat: 2/4 Lane : 4 Athlete: VASQUEZ ANNA					Q-time: 03:16:44
PB (50m pool): 03:16.44 Olympic Pool Wezenberg, Antwer 29/07/2025					PB (25m pool): no time SB: 03:16.44 Olympic Pool Wezenberg, Antwer 29/07/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.56	01:38.57	02:34.97	03:16.44	
	00:47.56	00:51.01	00:56.40	00:41.47	
					

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+					Heat:3, starttime: 10:44
Heat: 3/4 Lane : 5 Athlete: LESSELIERS EMILY					Q-time: 02:55:75
PB (50m pool): 02:55.75 Olympic Pool Wezenberg, Antwer 29/07/2025					PB (25m pool): 02:53.01 SB: 02:55.75 Olympic Pool Wezenberg, Antwer 29/07/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.89	01:23.81	02:17.11	02:55.75	
	00:39.89	00:43.92	00:53.30	00:38.64	
					

Coach feedback:

Event number: 9: 200M MEDLEY WOMEN 11+					Heat:3, starttime: 10:44
Heat: 3/4 Lane : 8 Athlete: THEUNISSEN JOLIEN					Q-time: 03:12:16
PB (50m pool): 03:12.16 Antwerpen 13/07/2025					PB (25m pool): 02:58.88 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.78	01:36.22	02:29.47	03:12.16	
	00:45.78	00:50.44	00:53.25	00:42.69	
					

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: ZS

Event number: 9: 200M MEDLEY WOMEN 11+					Heat:4, starttime: 10:48
Heat: 4/4 Lane : 2 Athlete: VAN DEN BERGH ANNA					Q-time: 02:46:32
PB (50m pool): 02:43.47 Antwerpen 19/04/2026					PB (25m pool): 02:38.81 SB: 02:43.47 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.37	01:20.68	02:06.52	02:43.47	
	00:36.37	00:44.31	00:45.84	00:36.95	
					

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+					Heat:1, starttime: 10:52
Heat: 1/3 Lane : 5 Athlete: MATHIEU JACK					Q-time: 99:99:99
PB (50m pool): 03:23.70 LAGO, S&R Rozebroeken 07/04/2019					PB (25m pool): 02:18.97 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:23.70	
	no time				
					

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+					Heat:2, starttime: 10:56
Heat: 2/3 Lane : 8 Athlete: VLEEMING BIAGIO					Q-time: 03:30:99
PB (50m pool): 03:30.99 Aalst 11/05/2025					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:51.15	01:41.88	02:45.85	03:30.99	
	00:51.15	00:50.73	01:03.97	00:45.14	
					

Coach feedback:

Event number: 10: 200M MEDLEY MEN 11+					Heat:3, starttime: 11:01
Heat: 3/3 Lane : 6 Athlete: DE RIDDER ARNE					Q-time: 02:26:44
PB (50m pool): 02:26.44 Wezenberg 04/01/2026					PB (25m pool): 02:20.69 SB: 02:26.44 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.76	01:05.51	01:52.57	02:26.44	
	00:30.76	00:34.75	00:47.06	00:33.87	
					

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: ZS

Event number: 13: 200M BACKSTROKE WOMEN 11+					Heat:1, starttime: 11:08
Heat: 1/2 Lane : 1 Athlete: LYTVYNIUK-HUL SOFIA					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 02:56.69 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 13: 200M BACKSTROKE WOMEN 11+					Heat:1, starttime: 11:08
Heat: 1/2 Lane : 5 Athlete: VAN HOOFF SARA					Q-time: 02:47:85
PB (50m pool): 02:47.85 Wezenberg 01/02/2026 PB (25m pool): 02:38.87 SB: 02:47.85 Wezenberg 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.87	01:20.77	02:03.58	02:47.85	
	00:38.87	00:41.90	00:42.81	00:44.27	
					

Coach feedback:

Event number: 13: 200M BACKSTROKE WOMEN 11+					Heat:2, starttime: 11:13
Heat: 2/2 Lane : 1 Athlete: VERNIERS NIME					Q-time: 02:36:88
PB (50m pool): 02:36.88 Aalst 20/12/2025 PB (25m pool): 02:35.63 SB: 02:36.88 Aalst 20/12/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.98	01:18.26	01:57.71	02:36.88	
	00:37.98	00:40.28	00:39.45	00:39.17	
					

Coach feedback:

Event number: 14: 200M BACKSTROKE MEN 11+					Heat:1, starttime: 11:16
Heat: 1/2 Lane : 3 Athlete: VAN OOSTERWYCK ALEXANDER					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: ZS

Event number: 15: 50M BREASTSTROKE WOMEN 11+										Heat:3, starttime: 11:28	
Heat: 3/5 Lane : 2 Athlete: THEUNISSEN JOLIEN										Q-time: 00:43:30	
PB (50m pool): 00:43.30 Antwerpen 15/03/2026										PB (25m pool): 00:45.04 SB: 00:43.30 Antwerpen 15/03/2026	
	5 0 M										
PB	00:43.30										
	00:43.30										
											

Coach feedback:

Event number: 15: 50M BREASTSTROKE WOMEN 11+										Heat:4, starttime: 11:30																				
Heat: 4/5 Lane : 3 Athlete: VERNIERS NIME																				Q-time: 00:39:00										
PB (50m pool): 00:39.00 Wezenberg 01/02/2026										PB (25m pool): 00:39.46 SB: 00:39.00 Wezenberg 01/02/2026																				
	5 0 M																													
PB	00:39.00																													
	00:39.00																													
																														

Coach feedback:

Event number: 15: 50M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 11:31		
Heat: 5/5 Lane : 4 Athlete: VAN OSTA NOMI							Q-time: 00:35:47		
PB (50m pool): 00:34.77 Antwerpen 12/02/2023							PB (25m pool): 00:34.38 SB: 00:36.32 Wezenberg 01/02/2026		
	5 0 M								
PB	00:34.77								
	00:34.77								
									

Coach feedback:

Event number: 16: 50M BREASTSTROKE MEN 11+						Heat:2, starttime: 11:34	
Heat: 2/5 Lane : 3 Athlete: PEETERS SAMUEL						Q-time: 00:49:02	
PB (50m pool): 00:49.02 Wezenberg 05/01/2025						PB (25m pool): no time SB: no time	
	5 0 M						
PB	00:49.02						
	00:49.02						
							

Coach feedback:

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Event number: 16: 50M BREASTSTROKE MEN 11+		Heat:2, starttime: 11:34
Heat: 2/5 Lane : 5 Athlete: VLEEMING BIAGIO		Q-time: 00:48:66
PB (50m pool): 00:48.66 Aalst 11/05/2025		PB (25m pool): 00:47.43 SB: no time
	5 0 M	
PB	00:48.66	
	00:48.66	
		

Coach feedback:

Event number: 16: 50M BREASTSTROKE MEN 11+		Heat:4, starttime: 11:37
Heat: 4/5 Lane : 1 Athlete: VAN OOSTERWYCK ALEXANDER		Q-time: 00:43:97
PB (50m pool): 00:43.97 Wezenberg 04/01/2026		PB (25m pool): 00:44.15 SB: 00:43.97 Wezenberg 04/01/2026
	5 0 M	
PB	00:43.97	
	00:43.97	
		

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+		Heat:2, starttime: 11:42
Heat: 2/9 Lane : 2 Athlete: FLEERACKERS LAURA		Q-time: 00:39:54
PB (50m pool): 00:39.54 Aalst 11/05/2025		PB (25m pool): 00:35.49 SB: no time
	5 0 M	
PB	00:39.54	
	00:39.54	
		

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+		Heat:2, starttime: 11:42
Heat: 2/9 Lane : 3 Athlete: LYTVYNIUK-HUL SOFIA		Q-time: 00:38:58
PB (50m pool): 00:33.48 Antwerpen 19/04/2026		PB (25m pool): 00:34.48 SB: 00:33.48 Antwerpen 19/04/2026
	5 0 M	
PB	00:33.48	
	00:33.48	
		

Coach feedback:

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Event number: 17: 50M FREESTYLE WOMEN 11+						Heat:2, starttime: 11:42	
Heat: 2/9 Lane : 6 Athlete: VASQUEZ ANNA					Q-time: 00:38:62		
PB (50m pool): 00:38.62 Aalst 11/05/2025						PB (25m pool): no time SB: no time	
	5 0 M						
PB	00:38.62						
	00:38.62						
							

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+						Heat:5, starttime: 11:46	
Heat: 5/9 Lane : 1 Athlete: LESSELIERS EMILY						Q-time: 00:32:90	
PB (50m pool): 00:32.90 Antwerpen 15/03/2026						PB (25m pool): 00:33.10 SB: 00:32.90 Antwerpen 15/03/2026	
	5 0 M						
PB	00:32.90						
	00:32.90						
							

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+						Heat:6, starttime: 11:47	
Heat: 6/9 Lane : 2 Athlete: DE VOCHT ANNE-JULIE						Q-time: 00:31:43	
PB (50m pool): 00:31.43 Antwerpen 20/04/2025						PB (25m pool): 00:31.19SB: 00:32.14 Antwerpen 15/03/2026	
	5 0 M						
PB	00:31.43						
	00:31.43						
							

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+						Heat:7, starttime: 11:48	
Heat: 7/9 Lane : 1 Athlete: VAN HOOFF SARA						Q-time: 00:30:54	
PB (50m pool): 00:30.54 Antwerp 02/02/2025						PB (25m pool): 00:30.22 SB: 00:30.89 Antwerpen 15/03/2026	
	5 0 M						
PB	00:30.54						
	00:30.54						
							

Coach feedback:

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Event number: 17: 50M FREESTYLE WOMEN 11+										Heat:7, starttime: 11:48				
Heat: 7/9 Lane : 3 Athlete: VAN DEN BERGH ANNA										Q-time: 00:29:80				
PB (50m pool): 00:29.80 Antwerpen 15/03/2026										PB (25m pool): 00:29.90 SB: 00:29.80 Antwerpen 15/03/2026				
	5 0 M													
PB	00:29.80													
	00:29.80													
														

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+										Heat:8, starttime: 11:50																																																											
Heat: 8/9										Lane : 8										Athlete: DE RIDDER STERRE										Q-time: 00:30:64																																							
PB (50m pool): 00:30.64										Wezenberg										01/02/2026										PB (25m pool): 00:30.15										SB: 00:30.64										Wezenberg										01/02/2026									
		5 0 M																																																																			
PB		00:30.64																																																																			
		00:30.64																																																																			
																																																																					

Coach feedback:

Event number: 17: 50M FREESTYLE WOMEN 11+										Heat:9, starttime: 11:51																				
Heat: 9/9 Lane : 6 Athlete: VERRET JULIE																				Q-time: 00:29:85										
PB (50m pool): 00:29.85 Antwerpen 08/03/2026										PB (25m pool): 00:29.56 SB: 00:29.85 Antwerpen 08/03/2026																				
	5 0 M																													
PB	00:29.85																													
	00:29.85																													
																														

Coach feedback:

Event number: 18: 50M FREESTYLE MEN 11+										Heat:8, starttime: 12:01																					
Heat: 8/9 Lane : 4 Athlete: LAUREYSSENS LUKAS																				Q-time: 00:24:27											
PB (50m pool): 00:24.27 Antwerpen 27/07/2025										PB (25m pool): 00:23.91 SB: 00:24.29 Amersfoort 22/02/2026																					
		5 0 M																													
PB		00:24.27																													
		00:24.27																													
																															

Coach feedback:

Memorial H Braeckman: Session: 1: COACH evaluation sheet for TEAM: ZS

Event number: 18: 50M FREESTYLE MEN 11+						Heat:8, starttime: 12:01	
Heat: 8/9 Lane : 5 Athlete: MATHIEU JACK						Q-time: 00:26:10	
PB (50m pool): 00:26.10 Antwerpen 20/04/2025						PB (25m pool): 00:25.31 SB: 00:26.24 Wezenberg 01/02/2026	
	5 0 M						
PB	00:26.10						
	00:26.10						
							

Coach feedback:

Event number: 18: 50M FREESTYLE MEN 11+						Heat:8, starttime: 12:01	
Heat: 8/9 Lane : 7 Athlete: DE RIDDER ARNE						Q-time: 00:27:04	
PB (50m pool): 00:27.04 Antwerpen 08/03/2026						PB (25m pool): 00:27.88 SB: 00:27.04 Antwerpen 08/03/2026	
	5 0 M						
PB	00:27.04						
	00:27.04						
							

Coach feedback: